# Prenate DHA®

**Rx Only Dietary Supplement**

**DESCRIPTION:** PRENATE DHA® is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is blue in color, opaque, and imprinted with "DHA" on one side and blank on the other.

## Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

| Each Softgel Contains | Amount Per Serving | % Daily Value | % Daily Value for Pregnant & Lactating Women |
|---|---|---|---|
| Calories | 10 | | |
| Total Fat | 0.5 g | <1%* | <1%* |
| Saturated Fat | 0 g | 0%* | 0%* |
| Trans Fat | 0 g | † | † |
| Vitamin C (as ascorbic acid) | 90 mg | 100% | 75% |
| Vitamin D (as cholecalciferol) | 10 mcg | 50% | 67% |
| Vitamin E (as dl-alpha tocopheryl acetate) | 18 mg | 120% | 95% |
| Vitamin B6 (as pyridoxine HCl) | 26 mg | 1529% | 1300% |
| Folate 1.1 mg Quatrefolic® (as (6S)-N5-methyltetrahydrofolic acid calcium salt (equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg) | 1700 mcg DFE | 425% | 283% |
| Vitamin B12 (as cyanocobalamin) | 25 mcg | 1042% | 893% |
| Calcium (as Formical® (calcium formate)) | 160 mg | 12% | 12% |
| Iron (as Sumalate® (ferrous asparto glycinate)) | 18 mg | 100% | 67% |
| Magnesium (as magnesium oxide) | 50 mg | 12% | 13% |
| Docosahexaenoic Acid (DHA) | 300 mg | † | † |

† Daily Value (DV) not established.
* Percent Daily Values (DV) are based on a 2,000 calorie diet

**PRENATE DHA® CONTAINS FISH OIL AND SOY.**

**OTHER INGREDIENTS:** Gelatin capsule (FD&C Blue #1, FD&C Red #3, gelatin, glycerin, purified water, sorbitol, and titanium dioxide), beeswax, soy lecithin, and soybean oil.

**INDICATIONS:** PRENATE DHA® is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers.

PRENATE DHA® can also be beneficial in improving the nutritional status of women prior to conception.

**CONTRAINDICATIONS:** PRENATE DHA® is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**PRECAUTIONS:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B12 is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

**HOW SUPPLIED:** Bottles of 30 softgels (75854-312-30)

The listed product number is not a National Drug Code. Instead, Avion Pharmaceuticals has assigned a product code formatted according to standard industry practice to meet the formatting requirements of pharmacy and healthcare insurance computer systems.

**STORAGE:** Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature.]

**KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.**

**THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

**MANUFACTURED FOR:**
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