Prenate Essential®

Rx Only Dietary Supplement

DESCRIPTION: PRENATE ESSENTIAL® is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is dark green in color, opaque, and imprinted with "Prenate" on one side and blank on the other.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

Each Softgel Contains	Amount Per Serving	% Daily Value	% Daily Value for Pregnant & Lactating Women
Calories	10		
Total Fat	0.5 g	<1%*	<1%*
Saturated Fat	0 g	0%*	0%*
Trans Fat	0 g	†	†
Vitamin C (as ascorbic acid)	90 mg	100%	75%
Vitamin D (as cholecalciferol)	5.5 mcg	28%	37%
Vitamin E (as dl-alpha tocopheryl acetate)	4.5 mg	30%	24%
Vitamin B6 (as pyridoxine HCl)	26 mg	1529%	1300%
Folate (as 1.1 mg of (6S)-N5-methyl-tetrahydrofolic acid calcium salt (equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg)	1700 mcg DFE	425%	283%
Vitamin B12 (as cyanocobalamin)	13 mcg	542%	464%
Biotin	280 mcg	933%	800%
Calcium (as Formical® (calcium formate))	160 mg	12%	12%
Iron (as Sumalate® (ferrous asparto glycinate))	18 mg	100%	67%
Iodine (as potassium iodide)	150 mcg	100%	52%
Magnesium (as magnesium oxide)	50 mg	12%	13%
Docosahexaenoic Acid (DHA)	300 mg	†	†
Eicosapentaenoic Acid (EPA)	40 mg	†	†

† Daily Value (DV) not established.
* Percent Daily Values (DV) are based on a 2,000 calorie diet

PRENATE ESSENTIAL® CONTAINS FISH OIL AND SOY.

OTHER INGREDIENTS: Capsule gelatin (gelatin, sorbitol, glycerin, purified water, turmeric, and sodium copper chlorophyllin), soy lecithin, yellow beeswax and soybean oil.

INDICATIONS: PRENATE ESSENTIAL® is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: PRENATE ESSENTIAL® is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B12 is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

Biotin levels higher than the recommended daily allowance may cause interference with some laboratory tests, including cardiovascular diagnostic test (e.g. troponin) and hormone tests, and may lead to incorrect test results. Tell your healthcare provider about all prescription and over-the-counter medicines, vitamins, and dietary supplements that you take, including biotin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

HOW SUPPLIED: Bottles of 30 softgels (75854-313-30)

The listed product number is not a National Drug Code. Instead, Avion Pharmaceuticals has assigned a product code formatted according to standard industry practice to meet the formatting requirements of pharmacy and healthcare insurance computer systems.

STORAGE: Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature.]

KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MANUFACTURED FOR:
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1-888-61-AVION
4290-v1 Rev. 06/26

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Sumalate® is a registered trademark and is covered by one or more claims of U.S. Patent Nos. 8,007,846 and 8,425,956, all owned by Albion Laboratories, Inc.